

# THYROMAXX<sup>®</sup> prehransko dopolnilo



biobalance 

Ščitnica je majhna žleza osrednjega pomena. Je glavna endokrina žleza, odgovorna za kontrolo presnove in uravnavanje telesne teže. Hormoni, ki jih tvori – tiroksin in trijodtironin – delujejo na številne organske sisteme v našem telesu in so pomembni za njihovo pravilno delovanje.

Ščitnični hormoni uravnavajo sproščanje energije pri presnovi, s tem pa vplivajo na vzdrževanje telesne temperature, delo vseh mišic ter rast in obnavljanje kosti. Prav tako so pomembni pri kognitivnih funkcijah in razpoloženju, za zdrav videz kože in las, za normalno peristaltiko črevesa in za niz drugih fizioloških procesov.

Če ščitnica ne proizvaja ustreznih količin hormonov, se to lahko odraža na raznih organskih sistemih v telesu. Privede lahko do niza neugodnih simptomov, kot so npr. sprememba telesne teže, utrujenost, nerazpoloženje, tesnoba, nespečnost, lomljivi nohti, zmanjšan libido, slaba koncentracija, izpadanje las in zaprtost.

Vzrok slabšega delovanja ščitnice je lahko, med drugim, kroničen ali intenziven stres, dolgotrajne restriktivne diete ter pomanjkanje pomembnih hranil.

**Thyromaxx<sup>®</sup> je prehransko dopolnilo, ki lahko služi kot prehranska podpora ščitnici. Je kombinacija pomembnih hranil, ki lahko ob sinergističnem delovanju pomembno prispevajo k normalnemu delovanju ščitnice.**

Thyromaxx<sup>®</sup> vsebuje:

- **L-tirozin** (aminokislina)
- **Ekstrakt gugulu** (*Commiphora mukul*) z najmanj 2 % gugalsteronov
- **Ekstrakt karagena** (*Chondrus crispus*), ti. irskega mahu
- **Selen**, ki ima vlogo pri delovanju ščitnice
- **Cink**, ki ima vlogo pri zaščiti celic pred oksidativnim stresom
- **Vitamin B6**, ki ima vlogo pri uravnavanju delovanja hormonov
- **Vitamine B2, B3 in B12**, ki prispevajo k sproščanju energije pri presnovi
- **Vitamin C**, ki prispeva k zmanjšanju utrujenosti in izčrpanosti

Vsi Biobalance izdelki vsebujejo izključno sestavine visoke kakovosti, kapsulirane v vegi (celulozno) kapsulo.

**Navodilo za uporabo:** 1 - 2 kapsuli dnevno s hrano, po potrebi.

Thyromaxx<sup>®</sup> se lahko varno uporablja brez časovne omejitve.

**Opozorila:** Osebe, ki jemljejo zdravila, se morajo pred jemanjem posvetovati z zdravnikom. Ne priporočamo nosečnicam in doječim materam. Prehransko dopolnilo ni nadomestilo za uravnoteženo in raznovrstno prehrano. Priporočene dnevne količine oziroma odmerka se ne sme prekoračiti. Shranjevati nedosegljivo otrokom!

**Način shranjevanja:** Hraniti v suhem in temnem prostoru, na temperaturi do 25 °C.

[www.biobalance.si](http://www.biobalance.si)

# THYROMAXX<sup>®</sup> dietary supplement

EN

biobalance 

Although the thyroid is a tiny gland, it has a big importance. It is the main endocrine gland responsible for controlling metabolic rate and body weight. Hormones secreted by the thyroid - thyroxine and triiodothyronine – are essential for the proper functioning of many systems throughout the body.

These hormones regulate the speed at which cells generate energy and heat throughout body, help the body to keep muscles and other organs working as they should, affect the growth and regeneration of bones, but also play important roles in mental function and mood, health and appearance of skin and hair, bowel function, and other physiological processes.

If the thyroid is unable to produce as much thyroid hormones as body needs, many of the human body systems will become less efficient. This can lead to a number of unpleasant symptoms including changes in body weight, fatigue, moodiness, anxiety, insomnia, dry skin and brittle nails, decreased libido, poor concentration, hair loss and constipation.

**Thyromaxx<sup>®</sup> is a natural dietary supplement developed especially to support the healthy thyroid function.**

**It is a unique balanced and synergistic blend of important and specific nutrients and plant extracts the thyroid needs to function optimally.**

Thyromaxx<sup>®</sup> contains:

- **Amino acid L-tyrosine** is essential building block for thyroid hormones
- **Gugul** (*Commiphora mukul*) may stimulate the thyroid, it is a traditional Ayurvedic medicinal herb for treatment of sluggish metabolism and obesity
- **Irish moss** (*Chondrus crispus*), red seaweed, is naturally rich source of many thyroid-supporting nutrients, including iodine, a key component for production of thyroid hormones
- **Selenium** is critical mineral for healthy thyroid function and conversion of T4 to T3
- **Zinc** is important for thyroid metabolism
- **Vitamins B2, B3, B6 and B12, and vitamin C** provide extra support to hormonal system and overall wellbeing

All Biobalance products contain only high quality ingredients encapsulated in a vegetarian (cellulose) capsule.

**Directions:** 1 - 2 capsules daily with meals, as needed. Long term use is allowed.

**Safety information:** Keep out of reach of children. Daily dose should not be exceeded. Dietary supplements are not a substitute or replacement for a balanced diet.

**Warning:** If you are taking medications, please consult your healthcare practitioner before taking this product. Not recommended for pregnant and nursing women.

**Storage:** Store in a cool, dry and dark place.

[www.biobalance.hr](http://www.biobalance.hr)